BACHELOR OF SCIENCE HEALTH PROMOTION, NUTRITION AND EXERCISE SCIENCE
Health Promotion, Nutrition & Exercise Science

Effective for students admitted to the College of Education and Human Ecology beginning Summer 2016

<table>
<thead>
<tr>
<th>COURSE &amp; NUMBER</th>
<th>HRS</th>
<th>COURSE &amp; NUMBER</th>
<th>HRS</th>
</tr>
</thead>
<tbody>
<tr>
<td>UNIVERSITY REQUIREMENTS (52-54)</td>
<td></td>
<td>Foundational Science Requirements (10-13)</td>
<td></td>
</tr>
<tr>
<td>Writing (6)</td>
<td></td>
<td>ANATOMY 2300.04 or ¹EEOB 2510</td>
<td>4 or 3</td>
</tr>
<tr>
<td>¹ENGLISH 1110.01 or 1110.02 or ¹1110.03</td>
<td>3</td>
<td>¹MICROBIO 4000</td>
<td>4</td>
</tr>
<tr>
<td>³²nd level Writing Course (2367)</td>
<td>3</td>
<td>PHYSIO 3200 or EEOB 2520</td>
<td>5 or 3</td>
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<tr>
<td>Literature (3)</td>
<td>3</td>
<td>MAJOR REQUIREMENTS (46-52)</td>
<td></td>
</tr>
<tr>
<td>³³Arts (3)</td>
<td>3</td>
<td>²ESWDE 5649S Teaching Adults in the Workplace</td>
<td>3</td>
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<tr>
<td>Math (5-7)</td>
<td>²HUMNTR 2295 Careers in Nutrition</td>
<td>1</td>
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<tr>
<td>²Math Placement M or higher, MATH 1148 or Equiv</td>
<td>0-4</td>
<td>²HUMNTR 2310 Fund of Nutrition</td>
<td>3</td>
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<tr>
<td>MATH 1149 or 1150</td>
<td>3-5</td>
<td>²HUMNTR 3506 Nutrition Across Life Span</td>
<td>3</td>
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<tr>
<td>Data Analysis (3)</td>
<td>³³STAT 1350 or equiv</td>
<td>3</td>
<td>²HUMNTR 4504 Nutrition Education and Behavior Change OR ²KNHES 4525 Promoting Behavior Chnge in Sprt, Leisure, and Exs</td>
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<tr>
<td>Science (14)</td>
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<tr>
<td>BIOLOGY 1113</td>
<td>4</td>
<td>²HUMNTR 5705 Nutr &amp; Phys Performance</td>
<td>2</td>
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<tr>
<td>CHEM 1210</td>
<td>5</td>
<td>KNHES 2360 Kinesiology</td>
<td>4</td>
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<tr>
<td>CHEM 1220</td>
<td>5</td>
<td>²KNHES 5651 Hlth Prog Plning</td>
<td>3</td>
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<tr>
<td>²³, ²³³Historical Study (3)</td>
<td>³</td>
<td>²KNHES 5652 Wrkste Hlth</td>
<td>3</td>
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<td></td>
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<td>²KNHES 5703 Hlth Beh Theory</td>
<td>3</td>
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<tr>
<td>Social Sciences (6)</td>
<td></td>
<td>²KNHES 5704 Hlth Prog Eval</td>
<td>3</td>
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<tr>
<td>³³PSYCH 1100 or ³³HDFS 2400</td>
<td>3</td>
<td>³³PUBH EPI 2410 Intro to Epi</td>
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<tr>
<td>SOCIOL 1101</td>
<td>3</td>
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<td>Complete courses from Group A or Group B</td>
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<tr>
<td>²Culture &amp; Ideas or ²³Historical Study (3)</td>
<td>³</td>
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<td></td>
<td></td>
<td>Group A</td>
<td></td>
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<tr>
<td>Open Option (2 courses, 6 credit hours)</td>
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<tr>
<td>Choice (recommended: ²MICROBIO 4000)</td>
<td>3</td>
<td>²HUMNTR 4609 Macronutrient Metabolism</td>
<td>3</td>
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<td></td>
<td></td>
<td>²HUMNTR 4610 Micronutrient Metabolism</td>
<td>3</td>
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<td></td>
<td></td>
<td>Group B</td>
<td></td>
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<td></td>
<td></td>
<td>²BIOCHEM 2210 OR CHEM 2510 and BIOCHEM 4511 OR BIOPHRM 3311 and 3312</td>
<td>4, 8, or 6</td>
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<td></td>
<td></td>
<td>KNHES 3414 Applied Exercise Physiology</td>
<td>4</td>
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<td></td>
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<td>KNHES 5685 Adlt Exer Prog- Implementation</td>
<td>4</td>
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<tr>
<td>EHE 1100 (1)</td>
<td>1</td>
<td>²Pre-major and Major Admission Requirements (see below)</td>
<td></td>
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<tr>
<td>Electives (0-11)</td>
<td>0-11</td>
<td>TOTAL HOURS REQUIRED:</td>
<td>120</td>
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</table>

¹ English 1110.03 must be taken concurrently with English 1193.03
² Students must complete two Global Issues courses, which are typically met by selecting Literature, Art, Cultures & Ideas, or Historical Study courses that meet this requirement.
³ Students must complete one Social Diversity in the US course, which is typically met by selecting a 2nd Writing, Historical Study, or Social Science course that meets this requirement.
⁴ Recommended GE overlaps with major and can fulfill both GE and major requirement.
⁵ Highlights category where overlap within the GE may occur, such as between Arts and Historical Study, Literature and Social Sciences, 2nd Writing and Social Sciences, etc.
⁶ If HUMNTRT 4609 and 4610 will be taken, students should not choose BIOCHEM 2210 as it will not meet the prerequisite.
⁷ Pre-major Admission Requirements: Minimum GPA of 2.75 after completion of 15 OSU credit hours. Major Admission Requirements: Minimum GPA of 2.75 after completion of 15 OSU credit hours. Completion of the following courses with a C- or higher: ENGLISH 1110; MATH 1148 or higher; BIOLOGY 1113; CHEM 1210 and 1220.
⁸ Completion of major requirements includes the course content required to sit for the Certified Health Education Specialist (CHES) certification examination.
⁹ Completion of the HPNES major does not meet requirements for the didactic program in dietetics