OHIO Clinic Based Internships

Barberton Citizens Hospital
155 5th St. N.E.
Barberton, OH 44203-3398
Pamela Wise, (330) 745-1611

Bethesda Hospital
2951 Maple Ave
Zanesville, OH 43701
Rita Holbin

Blanchard Valley Hospital
145 West Wallace
Findlay, OH 45840
Denny Bash

Caremark Sportmed
70 South Cleveland Ave.
Westerville, OH 43081
Timothy Berridge

Cavender Health
164 Wetherby Lane
Westerville, OH 43081
(614) 939-2308
Joe Mattivich, (614) 572-7774

Cleveland Clinic Foundation
Desk A42
9500 Euccio Ave.
Cleveland, OH 44195
Gordon Blackburn Ph.D., (216) 444-8300
Cleveland Clinic is a large multidisciplinary, urban tertiary care hospital. The department of Cardiology had been ranked number one in the nation for the past four years. The Cardiac Rehabilitation program has both inpatient and outpatient facilities. Over 4,000 patients are treated annually in Phase I, and 11,000 GXTs are conducted per year. Up to 60 patients can be seen daily in Phase II and III. The Cardiac Rehabilitation program is part of the Section of Preventative Cardiology and incorporates aggressive risk stratification and risk reduction strategies as part of each patient care plan.

Columbus Blue Jackets
200 W. Nationwide Blvd.
Columbus, OH 43215
Kevin Collins, Head Strength and Conditioning Coach
kcollins@bluejackets.com

Updated: April 1, 2015
**Doctor's Hospital West**
5100 West Broad
Columbus, OH 43228
Joyce Fontana

**Dublin Chiropractic**
(614) 792-1425
Assist with rehabilitation program.

**East Liverpool City Hospital**
425 W. 5th St.
East Liverpool, OH 43920
(216) 385-7200

**Fairfield Medical Center**
401 N. Ewing St.
Lancaster, OH 43130
Teresa Weiner / Liz Hoover, (740) 687-8174
Fairfield Medical Center provides a multitude of experiences for graduate and undergraduate students. This internship main goal is to prepare the participant for the exercise specialist certification required by the American College of Sports Medicine. You will receive experience in the following areas: cardiac rehabilitation phases 2-4; adult fitness, exercise prescription and grades exercise testing.

**Franciscan Sports Medicine Center**
One Franciscan Way
Dayton, OH 45408
Carol Cole, (937) 229-7415, Fax: (937) 229-6692
Franciscan Sports Medicine Center has fitness programs for employees, seniors, and the community. The 25,000-sq. ft. facility includes cardiovascular and resistance training equipment, a walking track, and a swimming pool. Interns will gain valuable experience in conducting fitness assessments, maximal stress tests, exercise prescription and consultation, exercise instruction, fitness programming, and general administration.

**Genesis Health Care System**
2951 Maple Avenue
Zanesville, OH 43701
Sandra S. Brown, RN, BSN, Rehab Nurse, 740-453-3022
Genesis Health Care System Cardiac Rehabilitation Program is located in the Cardiopulmonary Department of Bethesda Hospital and Good Samaritan Medical Center. Both facilities offer Phase I in-patient Cardiac Rehab and education, Diagnostic testing, maximal stress testing, echocardiograms, and nuclear medicine studies. Phase II cardiac Rehab is offered at the Bethesda campus.
Grant Medical Center's Physician's Building
340 E. Town St., 9th Floor
Columbus, OH 43215
(614) 566-9880
Danielle Repko, (614) 566-9880

Grant Medical Center
111 South Grant Ave
Columbus, OH 43215
Rod Davenport, (614) 566-9880

Health South
1313 Olentangy River Rd.
Columbus, OH 43212

Heart Fitness Center
1530 Needmore Rd.
Dayton, OH 45414
Bernadine Wressell, (937) 277-8476
Cadiac Rehab

Holzer Clinic Occupational Health-Sports Medicine
4th and Sycamore
Gallipolis, OH 45631
John Cunningham

Lake Rehabilitation and Wellness Center
6000 Heisley Rd.
Mentor OH44060-1836
Todd Music, (216) 352-1200

Lancaster Fairfield Memorial Hospital
401 N. Ewing Road
Lancaster, OH 43130
Shelly Thompson

Life Center plus Health and Fitness Center
5133 Darrow Rd.
Hudson, OH 44236
Jan M. Rubins, (330) 655-2377
Life Center Plus Health and Fitness Center includes activities for the whole family. Fitness evaluations, indoor track and lap pool, weight training and cardiovascular equipment, basketball, volleyball, and racquet ball courts, spinning and aerobics classes. The Center also provides Wellness activities including exercise programs for arthritic clients, cardiac rehabilitation, educational seminars and programs, dietitians, and Pre/Post Natal exercise programs.

Updated: April 1, 2015
Lima Memorial Hospital
1001 Bellefontaine Ave.
Lima, OH 45804
Carol Martin

Lorain Community Hospital
3700 Kolbe Rd.
Lorain OH, 44053
Claudia Montgomery

Mansfield General Hospital
335 Glessner Ave.
Mansfield, OH 44903-9989
(419) 526-8455

Mary Rutan - Cardiopulmonary Rehabilitation
205 Palmer Rd.
Bellefontaine, OH 43311
Roxanne Tackett, (937) 592-4015
Mary Rutan internship provides practical opportunity to work with cardiac patients in Phases 1, 2, & 3. Other programs include pulmonary rehabilitation, wellness, smoking cessation, and occupational and community health. Specific learning experiences include exercise testing and prescription, body composition assessment, heart and blood pressure determination, teaching and consultations, program administration, and observation of cardiovascular diagnosis techniques.

McConnell Heart Health Center
3773 Olentangy River Road
Columbus, OH 43214
Tony Hansen, (614) 566-3839
Shauna Miller (614) 566-4914, shauna.miller@ohiohealth.com
The 105,000 square foot McConnell Heart Health Center is Columbus' premier Center for prevention and rehabilitation of cardiovascular disease, with spacious clinical and exercise areas, classrooms, and a heart healthy café. Clinical programs include: cardiac rehabilitation, pulmonary rehabilitation, physical therapy, individual interdisciplinary counseling.

Mount Carmel Cardiac Rehabilitation
444 N. Cleveland Ave. Suite 320
Westerville, OH 43081
Amanda Putnam, (614) 234-4008, aputnam@mchs.com

Nationwide Children’s Hospital – New U Program
Sports Medicine
5680 Venture Drive Dublin, OH 43017
Brenda M Young, AT, ATC, (614) 355-8740
Brenda.Young@nationwidechildrens.org

Updated: April 1, 2015
The New U Weekly Program in the Center for Healthy Weight and Nutrition is a 6-month Medical Weight Loss Program designed for children 11 years and older who struggle with being overweight.

**Nationwide Children’s Hospital - Non-Invasive Cardiology Unit**
555 S 18th St
Columbus, OH 43205
Michelle Slawinski, Michelle.Slawinski@nationwidechildrens.org
Internship experience in pediatric stress testing and cardiac rehabilitation

**New Albany Health Associates**
68 North High Street Building A & B
New Albany, Ohio 43054
Shelly Thompson, (614) 939-2308 ext 113

**Orthopedic One**
4605 Sawmill Boulevard
Upper Arlington, OH 43220
Geoff Omiatek, (614) 827-1050. gomiatek@orthopedicone.com

**Orthopedic One**
4611 Trueman Boulevard
Hilliard, Ohio 43226
Eric Clevendence, (614) 634-8166, eclevidence@orthopedicone.com

**Phillip Heit Center for Healthy New Albany**
150 W. Main Street
New Albany, OH 43054
(614) 366-3075
Emily Martini, martini.36@osu.edu
Internship experience in exercise testing, exercise prescription, program implementation and administration

**St. Elizabeth Cardiac Rehab**
Jennifer Nicholson, (330) 480-2044

**Summa Barberton Hospital Cardiopulmonary Rehabilitation**
155 Fifth Street
NE Barberton, Ohio 44203
Vicki Lonteen, vlonteen@barbhosp.com
(330) 615-3934

**The Ohio State University Wexner Medical Center - Ross Heart Hospital**
Non-Invasive Cardiac Unit
452 West 10th Avenue
Columbus, OH 43210

Updated: April 1, 2015
The Ross Heart Hospital provides state-of-the-art facilities for heart and vascular procedures, including: cardiac catheterizations, angioplasties, open-heart surgery, cardiovascular imaging, vascular interventions, minimally invasive robotic procedures, and full range of testing and laboratory services for diagnosing cardiovascular disease.

The Ohio State University Wexner Medical Center - Center for Wellness and Prevention
Cardiac Rehabilitation
2050 Kenny Rd. Suite 1010
Columbus, OH 43221
Grant Gilette, (614) 293-2800
grant.gilette@osumc.edu
The Ohio State University Wexner Medical Center’s Cardiac Rehabilitation Program guides patients and family through recovery after a heart-related event. Our team of nationally recognized experts is dedicated to caring for people with heart problems. We care for people of all ages who have recently experienced a heart attack, coronary artery bypass surgery, heart valve surgery, heart transplant, heart/lung transplant, angioplasty/stent placement, angina symptoms or other heart problems.

The Ohio State University Wexner Medical Center – Center for Wellness and Prevention
Comprehensive Weight Management Program
2050 Kenny Rd. Suite 1010
Columbus, OH 43221
Kelly Urse, (614) 293-3776
kelly.urse@osumc.edu

The Ohio State University Wexner Medical Center – Sports Medicine: Movement Analysis and Performance Program
2050 Kenny Rd. Suite 3100
Columbus, Ohio 43221
Ajit Chaudhari, (614) 293-3600

The Ohio State University Wexner Medical Center – Rehabilitation: NeuroRecovery Network Center
2050 Kenny Rd.
Martha Morehouse Medical Plaza
Columbus, OH 43221
Justin Krulock
justin.krulock@osumc.edu
The Spinal Cord Injury Rehabilitation Program at The Ohio State University Wexner Medical Center features the most advanced treatments available to meet patient needs related to total or partial loss of sensation, movement or function due to spinal cord injury or disease. Our rehabilitation program helps patients regain lost skills or learn to compensate for skills that cannot be recovered.
University of Toledo Medical Center
Cardiac Rehabilitation
Henry L. Morse Center
3065 Arlington Avenue
Toledo, OH 43614
Angie Burkett, (419) 383-6537

Westerville Sports Medicine Center
584 County Line Road West
Westerville, OH 43082
(614) 355-6000
OHIO Non-Clinic Based Internships

**Accelerate Ohio Inc.**
939 East Wind Drive
Westerville, OH 43081
Scott Baranowski, (614) 891-3278
Accelerate Ohio is an athletic performance enhancement training facility. Interns will be involved in performance training of athletes, including: EMG, blood chemistry analysis, and cinematography studies.

**Accelerate Ohio Inc., Speed & Agility Enhancement Center, Sports Training**
1405 Dublin Road
Columbus, OH 43081
Brian Schiffer, (614) 891-3278

**American Electric Power**
1 Riverside Plaza
Columbus OH 43215
Mandy Jones, (614) 790-3117

**Arena District Athletic Club**
325 John H. McConnell Boulevard #150
Columbus, OH 43215
Kristen Burroughs (614) 461-7785
kburroughs@arenaathletic.com

**AT&T Fitness Center**
221 E. 4th St., 2nd Floor
Cincinnati, OH 45202
Kendal Cox, (513) 629-8024

**Bally's Scandinavian**
1290 W. Old Henderson Rd.
Columbus, OH 43220
(614) 326-2080

**Battelle**
505 King Avenue
Columbus, OH 43201
Rebecca Nguyen, (614) 424-4330
This internship will provide work experience in corporate wellness. It is open to undergraduate or graduate students in Exercise Science, Public Health, or a related field
Responsibilities:
• Collaborate with the wellness program committee to develop, implement, and evaluate the worksite wellness program.
• Work with the Medical Director to provide additional wellness services in Health Services.
• Work with the Health & Fitness Coordinator to develop, implement, and evaluate fitness and/or nutrition educational programs for the fitness center members.
• Develop one fitness center newsletter. This will be emailed to members and posted on the fitness center website.
• Present on at least one wellness topic to fitness center members.
• Assist with the daily operations and marketing of the fitness center.

BP America, Inc.
200 Public Square 4-2505-E
Cleveland, OH 44114-2375
Jim Jadallah, (216) 526-8756
(216) 586-5755 Fax
BP America, Inc. Health and Fitness Center offers internships to undergraduate and graduate students in health and physical education, exercise physiology, community health, corporate fitness and/or nutrition education. Responsibilities include fitness testing and exercise prescription, orientation, consultation and floor supervision. Other duties may include the development and promotion of special events, i.e., Health Fairs, Employee Health and /Fitness Day, Cleveland Corporate Challenge etc. Depending on experience, students may also develop and present health education seminars, behavior modification classes and employee fitness programs. Positions are available throughout the year and generally run from three to four months.

Bethesda Corporate Health Preventative Systems
630 E. River St.
Elyria, OH 44035
(216) 329-7512

Buckeye Gymnastics
558 Charring Cross Dr.
Westerville, OH 43080
(614) 895-2023

Cardinal Health Fitness Center
2215 Citygate Drive
Columbus, OH 43219
Phone: 614-757-FITT
Email:megan.osysko@cardinalhealth.com

Capital Club
41 S. High St.
Columbus, OH 43215
JL Holdsworth, (614)228-0645

Center for Well Being
3111 Hayden Run Rd.
Columbus OH 43235
Barb Rauch, (614) 889-8193
Cincinnati Sports Club & Fitness Club
3950 Red Bank Road
Cincinnati, OH 45227
Julie Dotas, (513) 527-4550
Exercise prescription, programs, and general fitness.

Club Management Inc.
655 Metro Place South
Dublin, OH 43017
Gary Richards

Columbia Gas
101 W. Town St.
Columbus OH 43215
Rich Lash/Nancy Henry (614) 460-6390

Columbus Crew
One Black and Gold Blvd.
Columbus, OH 43221
Tabitha Kunsman, (614) 447-4151

CompuServe Interactive Services
5000 Arlington Centre Blvd.
Columbus, OH 43220
Jeremy Rycus, (614) 538-3535
CompuServe 14,000 square foot corporate fitness facility contains racquetball/wallyball courts, basketball court, free weight room, and cardiovascular fitness room. Associated programs include aerobics and personal training.

Columbus Blue Jackets
200 Nationwide Blvd.
Columbus, Ohio 43206
Barry Brennan, (614) 246-4257

Columbus Crew Training Center
One Black and Gold Blvd.
Columbus, OH 43211
Mike Tremble, (413) 335-3085

Columbus Fitness Consultants
1640 West Lane Avenue
Upper Arlington, OH 43221
Margaret Lipp, (614) 537-2992
Internship involves personal training, program implementation and wellness programming.

Continental Athletic Club
6124 Busch Blvd.
An internship at DSC will dramatically improve your skills as a fitness professional. Internships allow hands-on coaching with up to 35 athletes per day. Our internship is a real life, learn-by-doing experience. During your internship, you will coach middle school, and high school athletes, observe and assist athletes in the following areas of performance enhancement.
(614) 283-1011

**Fitness Resources**
41 S. High Street
Columbus, OH 43215
Jim Franklin (614) 228-0645

**Franklin County Board of Developmental Disabilities**
2879 Johnstown Rd.
Columbus, OH 43219
(614) 475-0564
Ryan Philips, ryan.philips@fcbdd.org

**Goodwill Columbus**
Health & Wellness Activities Coordinator
1331 Edgehill Road
Columbus, OH 43212
Elizabeth Krucky, (614) 583-0358

**Healthy Outlook Worldwide, Inc.**
4889 Sinclair Rd., Suite 115
Columbus, OH 43229
Arnold Coleman, (614) 430-8050, fax: (614) 430-8052
Provides wellness-programming and related services for corporate customers.

**Holzer Clinic Occupational Health, Sports Medicine**
4th and Sycamore
Gallipolis, OH 45631
John Cunningham

**Honda of America, Mfg Inc. Watson Wellness Center**
24000 Honda Parkway
Marysville, OH 43040
Laura Russo, 937-645-8777, Fax: 937-645-8379, E-mail: emplymnt@honmfg.com

**Honda of America Mfg Inc.- Anna Associate Center**
12500 Meranda Rd.
Anna, OH 45302
Brian Lapp, 937-498-5798, 1-888-424-Well
The main purpose of the field-experience program is to provide students with opportunities to gain meaningful work experience, exposure to Honda, and a personal growth experience through the support of a mentor. Student responsibilities will include performing fitness assessments, designing exercise programs based on client needs, orient new clients to fitness equipment, provide personal training to new clients, monitor client program progress an provide feedback, and assist with Wellness Center

**Huntington Fitness Center**

Updated: April 1, 2015
Responsibilities: Work with the head trainer to assess new clients and develop programming to improve mobility, strength, cardiovascular fitness and fundamental movement patterns. The intern will work with groups and on-board new clients with one-on-one training based on their initial evaluations. In addition, the intern will be required to set-up and strike equipment for group and individual training sessions. This is not a paid internship, however some individual coaching/on-boarding and one-on-one sessions are compensated at a rate of $15/hr as an independent contractor.
Emily Martini, (614) 292-2255
martini.36@osu.edu

**OSU Strength and Conditioning**
The Woody Hayes Athletic Center
535 Irving Schottenstein Drive
Columbus, OH 43210
(614) 292-2624
Bob Sweeney, (614) 595-1343
sweeney.20@osu.edu

**OSU Strength and Conditioning**
The Woody Hayes Athletic Center
535 Irving Schottenstein Drive
Columbus, OH 43210
(614) 292-2624
Anthony Schlegel, schlegel.27@osu.edu

**OSU Strength and Conditioning**
French Field House
460 Woody Hayes Dr.
Columbus, OH 43210
Tom Palumbo, (614) 292-0578
tpalumbo@buckeyes.ath.ohio-state.edu

**OSU RPAC**
337 W. 17th Ave.
Columbus, OH 43210
(614) 292-7671
John Katsares (Personal Training Coordinator)
(614) 292-5153
katsares.1@osu.edu

**ProForce Sports Performance**
930 Lila Ave,
Milford, OH 45150
Kevin Hollabaugh, (513) 446-3663, Khollabaugh@proforcesp.com
Intern responsibilities: Learn ProForce Sports Performance strength and conditioning methodology, learn ProForce Sports Performance speed and agility methodology, be able to train adults, scholastic, college, and professional athletes using the ProForce Sports Performance training system, learn business aspects of running a performance center, further knowledge of the strength and conditioning field, and assist in keeping the facility clean

**Seven Studios**
275 S. Third Street
Columbus, OH 43215
Julie Wilkes, (614) 288-4291

Updated: April 1, 2015
Juliewilkes01@gmail.com
Services provided: yoga, pilates, bootcamps, health promotion and life coaching

Special Olympics
Franklin County Board of Developmental Disabilities
2879 Johnstown Road Columbus, OH 43219
Ryan D. Phillips, Director of Special Olympics, Community Recreation & Aquatics
614.342.5984, Ryan.Phillips@FCBDD.org

SPIRE Institute
1822 S. Broadway
Geneva, OH 44041, 440-466-1002
Bryan McCall, 440-415-3182
McCall@spireinstitute.org

The Adaptive Adventure Sports Coalition (TAASC)
6000 Harriott Rd
Powell Ohio 43065
Joan Arnold, MPH, (614) 499-3738
TAASC has a variety of opportunities available for both planning and implementing programs. We have recently affiliated with the US Paralympics and are designing new programs for youth and young adults. You can read more about TAASC’s activities at their website, www.taasc.org.

The Human Form
1197 Chesapeake Ave
Grandview, OH 43201
James Fryer, (614) 487-1440
humanformfitness.com
Interns gain experience in holistic fitness assessment and training

The Spot Athletics
1200 Steelwood Rd., Suite B
Columbus, OH 43212
J.L. Holdsworth, (614) 753-1314
www.TheSpotAthletics.com
jl@TheSpotAthletics.com

Ultimate U
5791 Zarley St.
New Albany, OH 43054
Troy McGowan, (614) 855-9489

Verizon Wireless’s Health and Wellness Center
5175 Emerald Parkway
Dublin, Ohio 43017
Daniel Deuschle, (614) 560-8778

Updated: April 1, 2015
Verizon Wireless’s Health and Wellness Center
5000 Britton Parkway
Hilliard, OH 43026
Dani Shimits (614) 560-8778, danielle.shimits@verizonwireless.com
Internship experience includes personal training, group fitness classes

Wright-Patterson Air Force Base
711 Human Performance Wing (711 HPW/RHCPT)
Air Force Research Laboratory Wright-Patterson AFB, OH 45433
Edward S (Ed) Eveland, PhD, CFT
(937) 938-2578 (Ofc Bldg 840)
(937) 904-6368 (Human Performance Lab)
Edward.Eveland@wpafb.af.mil

YMCA – Sports and Wellness Programs
Shawn W Gunnoe
Downtown Columbus YMCA
Sports and Wellness Director
614-224-1131 ext 131

YMCA - Columbus
40 W. Long Street
Columbus, Ohio 43215
Allyn Blind, (614) 224-1131

YMCA - Liberty Township/Powell
7798 North Liberty Road
Powell, OH 43065
Michele Cannell, (740) 881-1058
Out of the State Internships

Apple Wellness Internship
Cupertino, CA
https://jobs.apple.com
Apple Wellness offers a hands-on internship for undergraduate and graduate students in the field of exercise physiology, health and wellness and kinesiology. The internship offers experience in both the Fitness Center and in the Preventive Care settings. Students gain practical experience in lifestyle counseling, exercise prescription, and exercise leadership for a large and diverse population. Interns will have the opportunity to assist with clinical testing including resting and exercise EKG’s, maximal stress testing and VO2-max testing. The duration of the internship is 15 to 20 weeks and compensation includes hourly salary, relocation, and housing assistance.

Athletes’ Performance
4 Portofino Drive, Ste. 2003
Pensacola Beach, FL 32561
Anthony Hobgood, (850) 916-8650

Athletes’ Performance
18400 Avalon Blvd. Suite 800
Carson, CA 90746
Zac Woodfin, (310) 630-2290

Cooper Sport Performance & Rehab
4895 W. Waters Ave
Tampa, Florida 33634
Lauren Noe, 813-362-5432
Cooper Sport and Performance is a private sector strength and conditioning facility that specializes in training athletes of all ages.

Defining Natural Ability
1647 Macklind Ave.
St. Louis, MO 63011
Victor Kizer, (314) 499-1131, victorkizer@gmail.com

Impact Sports Performance
11575 Main Street #100
Broomfield, CO 80020
Tyler Matoba, tyler@myimpactsports.com
303-IMPACT-U (303.467.2288)

Northwest Hospital and Medical Center
Cardiac Rehabilitation
Mcmurray Medical Building
1536 North 115th St Suite 210

Updated: April 1, 2015
Interns will gain valuable hands-on experience in the areas of treadmill testing, ECG interpretation, body composition analysis, muscular strength and endurance testing, flexibility testing, and fitness consultations/exercise prescriptions. For the services provided during the internship, each intern will also receive a $500 stipend.
locations. The main Fitness Center, a 30,000 sq. ft. facility, is available to employees, employees' spouses, retirees, retiree's spouses, contractors, and eligible dependents. This facility includes a Cardio-theater room, a weight training room, an aerobics room, a gymnasium, an indoor walking/running track, and an indoor swimming pool. Responsibilities for interns, the educational experience offered by The Hershey Company includes:
• Designing and administering fitness and wellness programs
• Learning and assisting with fitness testing
• Administering personal fitness counseling
• Organizing and administering special programs
• Learning and participating in aerobics and aquacise classes
• Developing and designing promotional materials
• Learning and using advanced computer programs
• Learning the business aspect of corporate wellness preferred
• Ability to work with all age populations
Out of the Country Internships

Medical Center for Metabolism (Italy)
Piazza Matteotti 8
50018 Scandicci Firenze
Dr. Cosimo Russo, +39 055-252-358
Cosimoroberto.russo@metag
Specializes in screening of metabolic disorders, and osteoporosis.

University of Queensland Sports Academy (Australia)
University of Queensland
Building 25, Union Rd. St Lucia, QLD 4067
(07) 3365 6223
elliotj@uqsport.com.au